



### **1** – Various Information :

- A Acknowledgement of your Registration
- Ba PARIS-BREST-PARIS Randonneur Way Out
- **Br –** PARIS-BREST-PARIS Randonneur Way Back
- **C** Bike Check and Brevet Card Collection (Saturday and Sunday Morning)
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- **E** Parking in SAINT-QUENTIN-EN-YVELINES
- **F** Provided Services
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- H Advice and Recommendations
- I Road Signage Rider Tracking Information
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- K1 Recto : Support Vehicle (if notified at registration)
- K2 Verso : Alternative Route for Support Vehicle (if notified at registration)
- K3 Identification Form for Support Vehicle (if notified at registration)

### 2 - Attached :

- al Map of facilities at "Gymnase des Droits de l'Homme" on Saturday and Sunday morning
- a2 Map of facilities at "Gymnase des Droits de l'Homme" (start on Sunday afternoon)
- a3 Map of facilities at "Gymnase des Droits de l'Homme" (start on Monday morning)
- **b** Partial map of Saint-Quentin-en-Yvelines
- c Parkings map at Saint-Quentin-en-Yvelines

### 3 – Supplement :

- Cancellation insurance
- Information about the riders' insurance
- Pass Découverte

Your frame badge number makes it possible to identify you MEMORIZE IT – GIVE IT TO YOUR RELATIVES AND YOUR CREW

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Find all information concerning the PARIS BREST PARIS Randonneur on www.paris-brest-paris.org







### WAY OUT

Dep.	Road	Location	Leg (km)	Total (km)	Dep.	Road	Location		Leg (km)	Total (km)
		SAINT-QUENTIN-en-YVELINES GUYANCOURT					FOUGERES Boulevard Edmond Roussin			310
	D 127	GUYANCOURT Gymnase des Droits de l'Homme	•	0			Avenue Georges Pompidou			
	0 121		•	Ũ		N 12	Bd de Rennes – Bd de Bliche		1.0	311
		Rond-point des Sangliers			. !	D 812	Roundabout N 12 x D 812		3.0	314
		Avenue des Garennes VOISINS-le-BRETONNEUX			L	D 18	ROMAGNE SAINT-SAUVEUR-des-LANDES		4,0 2,0	318 320
		Route de Guyancourt			Ē	D 20	SAINT-HILAIRE-des-LANDES		4.0	324
	D 36	Junction with route de Guvancourt	3,0	3			SENS-de-BRETAGNE		15,5	339,5
		Route de Trappes MONTIGNY-le-BRETONNEUX			E T		FEINS DINGE		8,0 7.0	347,5 354,5
		Avenue de Kierpse			•		DINGE		7,0	554,5
		TRAPPES Rue de Port Royal			v	D 20	TINTENIAC			
Y V		Crossroads D 36 x D 23 Pont Marcel Cachin	3,5 1,0	6,5 7,5	l L		LA BAUSSAINE	Control	9,5 6.0	<b>364</b> 370
Ě		Rue Maurice Thorez	1,0	8,5	Ă		BECHEREL		0,0 4,0	370
L		Rue Salvador Allende		-	1	D 220	Crossroads D 20 x D 220		2,0	376
I N	D 23	Rond-point de la Boissière ELANCOURT	2,5	11	N E		MEDREAC QUEDILLAC		8,0 6.0	384 390
E		Boulevard André Malraux			E	D 166	La Prévostaie		0,0 3,0	393
S		Route de Trappes				D 166	Crossroads D 166 x D 166 bis		4,0	397
		Place de l'Hermanderie Route de Montfort	1,5	12,5		D 66	Le Parson SAINT-MEEN-le-GRAND		2,0	399
		Leaving Saint-Quentin-en-Yvelines	1.5	14	2	D 00	LOSCOUET-sur-MEU		<u>2,0</u> 4.0	403
		ERGAL	1,0	15	2		ILLIFAUT		9,0	412
	D 15 D 13	JOUARS LES MOUSSEAUX	2.0 1,0	17 18	5 6	D 793 D 66	MENEAC LA TRINITE-PORHOET		9.0 9.0	421 430
	010	LES MOUSSEAUX LE TREMBLAY-sur-MAULDRE	2,0	20	v	D 66 D 14	PLUMIEUX		9,0 2,5	430
	D 155	MONTFORT-L'AMAURY	4,0	24		D 778	LA CHEZE		7,5	440
	D 138 D 112	Crossroads D 155 x D 138 Crossroads D 138 x D 112	0,5 1,5	24,5 26		D 41	LOUDEAC			
	D 172 D 179	Crossroads D 112 x D 179	1,5	20 36,5		D 41	LOUDEAC	Control	9,0	449
	D 983	GAMBAIS	0,5	37			TREVE		6,0	455
		CONDE-sur-VESGRE FAVEROLLES	4,0	<u>41</u> 50	ł	D 7	GRACE-UZEL		4,0 4.0	459 463
E.	D 26	NOGENT-le-ROI	9.0 8.0	50 58	С	D 7 RD	Crossroads D 41 x D 7 Crossroads D 7 x RD		4.0	403
		TREMBLAY-les-VILLAGES	12,0	70	Ŏ T	D 35	Crossroads RD x D 35		1,0	464
et	D 939 D 140	CHATEAUNEUF-en-THYMERAIS Crossroads D 939 x D 140	11,0 1,0	81 82	E	D 53	Les Aunécades MERLEAC		2,0 4.0	466 470
L.	D 140	SAINT-MAIXME-HAUTERIVE	4.0	86	S		LA PORTE-aux-MOINES		4,0	470
		JAUDRAIS	4,5	90,5	_		SAINT-MARTIN-des-PRES		2,0	476
	D 20 D 8	SENONCHES NEUILLY-sur-EURE	<u>7,5</u> 11.0	<u>98</u> 109	D í	D 767 D 790	Crossroads D 53 x D 767 CORLAY		6.0 2,0	482 484
0	00	LONGNY-au-PERCHE	12,0	121	Α	D 4	Crossroads D 790 x D 4		2.0 7,0	491
R	D 004				R				0.0	
N E	D 931	MORTAGNE-au-PERCHE	<b>Food</b> 19.0	140	M O		SAINT-NICOLAS-du-PELEM	d - Sleep	2,0	493
-		PARFONDEVAL	6,0	146	Ř	D 790	Crossroads D 4 x D 790	u - 0106p	2,5	495,5
_	6.044	SURE	15,0	161	ļ	D (0	PLOUNEVEZ-QUINTIN		3,5	499
S A	D 311	Crossroads D 931 x D 311 MAMERS Bypass	2.5	163.5		D 49	Crossroads D 790 x D 49 Lustruyen		1.5	500.5
R	D 310	Crossroads D 311 x D 310	_8,0	171,5			SAINT-LUBIN		5,5	506
T H	D 15	LA HUTTE (danger)	16,0	187,5		D 23	Kerdouc'h		4.0	510
E	D 15	FRESNAY-sur-SARTHE SOUGE-le-GANELON	6,0 6,5	193,5 200		D 23	Crossroads D 49 x D 23 MAEL-CARHAIX		4,0 4,5	510 514,5
-		SAINT-PAUL-le-GAULTIER	6,0	206		D 49	L'Enseigne		2,0	516,5
	D 119	AVERTON	10.0	216					2.5	519
	D 113	VILLAINES-Ia-JUHEL				D 764	CARHAIX-PLOUGUER			
М	2	(	Control 5,0	221				Control	6,0	525
A Y	D 147	LOUPFOUGERES	6,0 4 5	227		D 760	Crossroads D 764 x D 769		5,5	530,5
Ĕ	U 147	Croix-Barbe HARDANGES	4.5 1,0	231.5 232.5		D 769 D 769A	POULLAOUEN Crossroads D 769 x D 769A		7,5 7,5	538 545,5
Ν		LE RIBAY (danger)	6.5	239			HUELGOAT		3,0	548,5
N E	D 33		4.0	243 250 5		D 764	Crossroads D 769A x D 764		6,0	554,5 558,5
-		LASSAY-les-CHATEAUX CHANTRIGNE	7.5 6.0	250.5 256.5	F		LA FEUILLEE ROC TREVEZEL		4,0 4,0	558,5 562,5
		AMBRIERES-les-VALLEES	5,5	262	I		Crossroads D 764 x D 785		0,5	563
		GORRON LEVARE	14,5	276,5	N		Ty Douar SIZUN		6,0 9.0	569 578
I	D 806	LEVARE LE LOROUX	<u>8,0</u> 11,5	<u>284.5</u> 296	I S	D 87	Crossroads D 764 x D 87 - Le Que	eff	9.0 9.0	578 587
Ĺ		LAIGNELET	7,0	303	S T	ĊD	Crossroads with CD	-	5.0	592
L E		FOUGERES			E R	C 1	Roundabout D 770 DIRINON		1.5 3,0	593.5 596.5
-	N 12	Roundabout at town entry	3.0	306	E	D 33	LOPERHET		3,0 4,0	596,5 600,5
E	-	Bd de Grolay – rue Cdt Pannier			-		PLOUGASTEL-DAOULAS		4,0	604,5
т		Rue Cdt Pannier	2,0	308			Pont Albert LOUPPE (bridge)		3,0	607,5
v		Place de la République Boulevard de la Chesnardière					BREST			
i		Boulevard Edmond Roussin					Rue Léopold Maissin			
L		C	Control 2,0	310			Rue de la Gare		<u>э</u> г	611
Ą							Rue Alain Colas Along the Docks		3,5	611
					1		Rue du Château		5.5	616,5
N E							Rue uu Ghaleau	Control	5,5 1,5	618







### WAY BACK

Dep.	Road	Location	Leg (km)	Total (km)	Dep.	Road	Location	Leg (km)	Total (km)
		BREST Contro	1	618			LAIGNELET	3,0	927
	D 712	Rue Yves Collet / Sébastopol Place de Strasbourg	1,5	619,5		D 33	LE LOROUX LEVARE	7,0 11,5	934 945 5
F		Rue de Paris Crossroads D 712 x N 265	3,5	623			GORRON AMBRIERES-les-VALLEES	8,0 14,5	945,5 953,5 968
1		Lavallot	,		м		CHANTRIGNE	5,5	973,5
N	D 764	GUIPAVAS town centre LANDERNEAU	3,0 12,0	626 638	A Y	D 147	LASSAY-les-CHATEAUX CHARCHIGNE	6,0 7,5	979,5 987
S T		Le Queff SIZUN	8,0 9,0	646 655	EN		LE RIBAY (danger) HARDANGES	4,0 6,5	991 997,5
E		Ty Douar	9,0	664	N	D 113	Croix-Barbe	1,0	998,5
R E		Ćrossroads D 764 x D 785 ROC TREVEZEL	6,0 0,5	670 670,5	E		LOUPFOUGERES	4,5	1003
		LA FEUILLEE Crossroads D 764 x D 769A	4,0 4,0	674,5 678,5		D 119	VILLAINES-Ia-JUHEL Control	6.0	1009
		Crossroads D 764 x D 769	19,0	697,5		D 15	AVERTON	5,0	1014
	D 166	CARHAIX-PLOUGUER			S A		SAINT-PAUL-Ie-GAULTIER SOUGE-Ie-GANELON	10,0 6,0	1024 1030
	D 49	La Croix-Neuve	5,5 6,0	703 709	R	D 310	FRESNAY-sur-SARTHE LA HUTTE (danger)	6,5 6,0	1036,5 1042,5
	D 23	L'Enseigne MAEL-CARHAIX	2,5 2,0	711,5 713,5	Ĥ	D 311	Crossroads D 310 x D 311 MAMERS town centre	16,0	1058,5
	D 49	Crossroads D 23 x D 49	2,0 4,5	713,5	E	D 931	MAMERS D 311 x D 931	8,0	1066,5
		Kerdouc'h SAINT-LUBIN	4,0	722			SURE SAINT-JOUIN-de-BLAVOU	2,5 11,0	1069 1080
	D 790	Lustruyen Crossroads D 49 x D 790	5,5	727,5	O R		PARFONDEVAL	4,0	1084
с	D 5	PLOUNEVEZ-QUINTIN	1,5 6.0	729 735	Ň	D 8	MORTAGNE-au-PERCHE Control	6.0	1090
0		Roundabout	0,0	130	E	D 8 D 11	LONGNY-au-PERCHE	6,0 19,0	1109
T E	D 4	SAINT-NICOLAS-du-PELEM Food - Sleep	1,0	736		D 4	MARCHAINVILLE LA FERTE-VIDAME	<u>8,0</u> 6,5	1117 1123,5
S	D 69 D 767	Canihuel Le Paris	5,5 2,5	741,5 744			BREZOLLES	17,0	1140,5
D í		CORLAY Crossroads D 767 x D 53	3,0	747 749		D 3114	LAONS ALLAINVILLE	8,0	1148,5
Α	D 53	SAINT-MARTIN-des-PRES	2,0 6,0	755	_	D 20	Crossroads D 311 <sup>4</sup> x D 20	10,0 3,5	1158,5 1162
R M		LA PORTE-aux-MOINES MERLEAC	2,0 4,0	757 761	EU	D 311 CR	Crossroads D 20 x D 311 Chemin de la Messe – Under bridge	1,0 1.0	1163 1164
ÖR	D 35 RD	Les Aunécades Crossroads D 35 x RD	4,0 2,0	765 767	Ř		DREUX	.,-	
Ň	D 7	Crossroads RD x D 7	0,5	767,5			Control	1,0	1165
	D 41	Crossroads D 7 x D 41 GRACE-UZEL	0,5 4,0	768 772	E		Av Melsungen – Av du Gl Marceau Bd J. Ferry – Rue R. Schumann		
		TREVE	4,0	776	L	D 929	Av du Président Kennedy SAINTE-GEMME-MORONVAL	2,5 0,5	1167,5 1168
	D 778	LOUDEAC	6.0	782	Ō	D 152	LURAY Crossroads D 929 x D 152	1,0 1,0	1169 1170
	D 14	LA CHEZE	9,0	791	Ŕ		MEZIERES- en-DROUAIS	1,0	1171
5	D 66 D 793	PLUMIEUX LA TRINITE-PORHOET	7,5 2,5	798,5 801	ł	D 147.6 D 147.8	MARSAUCEUX GERMAINVILLE	1,5 3,5 3,0	1172,5 1176
6	D 66	MENEAC	9,0 9.0	810 819	ļ	D21 D147 D 147.8	BROUE BECHERET	3,0 1,5	1179 1180,5
2	D 166 bis	LOSCOUET-sur-MEU SAINT-MEEN-le-GRAND	9,0	828 832	l	D 147	BOUTIGNY-PROUAIS ALLEMANT	4,0	1184,5 1186,5
		Le Parson	4,0			D 983	Crossroads D 147 x D 983	<u>2,0</u> 4,0	1190,5
	D 166 D 220	Crossroads D 166 bis x D 166 La Prévostaie	2,0 4,0	834 838			CONDE-sur-VESGRE BOURDONNE	0,5 1,5	1191 1192,5
		QUEDILLAC Food - Sleep	3,0	841		D 179 D 112	GAMBAIS Crossroads D 179 x D 112	2,0 0,5	1194,5 1195
	D 20	MEDREAC Crossroads D 220 x D 20	6,0 8.0	847 855		D 138 D 155	Crossroads D 112 x D 138 Crossroads D 138 x D 155	10,5 1,5	1205,5 1207
1	D 20	BECHEREL	2,0	857		D 135 D 13	MONTFORT-L'AMAURY	0,5	1207,5
L		LA BAUSSAINE	4,0	861		D 15	BAZOCHES-sur-GUYONNE LES MOUSSEAUX	3,0 3,0	1210,5 1213,5
E	D 20	TINTENIAC	6.0	867	Y	D 23	JOUARS ERGAL	1,0 2,0	1214,5 1216,5
Ę	0 20	DINGE	9,5	876,5	v			,	
T		FEINS SENS-de-BRETAGNE	7,0 8,0	883,5 891,5	E		SAINT-QUENTIN-en-YVELINES ELANCOURT	1,0	1217,5
V	D 18	SAINT-HILAIRE-des-LANDES SAINT-SAUVEUR-des-LANDES	15,5 4,0	907 911	I N		Place de l'Hermanderie TRAPPES	1,5	1219
Ĺ	D 812	ROMAGNE	2,0	913	Ë	D 36	Rue Maurice Thorez Pont Marcel Cachin	4,0	1223 1224
1	N 40	FOUGERES	10	~ 4 7			Carrefour de Mare Savin Monmousseau	1,0 0,5	1224
N E	N 12	Bd de Bliche - Bd de Rennes Rue du Tribunal	4,0	917		D 38	Rue Gaston Monmousseau MONTIGNY-le-BRETONNEUX		
		Avenue Georges Pompidou Boulevard Edmond Roussin					Rue des Prés Rue Stéphenson	1,5 2,0	1226 1228
		Contro	4,0	921			Avenue du Centre	2,0 0,5	1228,5
		Boulevard de la Chesnardière Place de la République					GUYANCOURT Avenue du 8 Mai 1945	0,5	1229
		Place Sadi Carnot Rue de la Forêt					Rond-point des Saules Gymnase des Droits de l'Homme	1.0	1230
	D 806	Roundabout at town exit	3,0	924				.,•	







You **must** have the ACKNOWLEDGEMENT OF YOUR REGISTRATION to the PARIS-BREST-PARIS Randonneur when you check in, the day before your start. **Please come at the specified time**!

### CHECK-IN on SATURDAY and SUNDAY MORNING

Gymnase des Droits de l'Homme – Rond-point des Saules - 78 GUYANCOURT (Saint-Quentin-en-Yvelines)

Please follow the itinerary given on the attached map (a1), according to the signs $ ightarrow$					
ACCESS TO THE FACILITIES : Go through the gate located at the roundabout of Route de Saint-Cyr (D 129) and Boulevard des Chênes.	А				
Then follow the signs to the different controls.	~				
If necessary, you can carry out last-minute adjustments to your bike on the cycle racks located near the bike check.					
BIKE CHECK : Cycles must be pushed and not ridden to the check point. Instructions :					
<b>a)</b> Your machine must comply with Article 8 of the PBP Randonneur Rules.	В				
<b>b)</b> Mudguards are not compulsory. If installed, they must be securely fixed and not dangerous. Reflecting strips are recommended.					
<ul> <li>c) A reflective vest must be showed (if you have ordered a PBP reflective vest, show the acknowledgement of your registration, on which the order is noted).</li> <li>The controller will certify that you comply with all requirements by stamping the acknowledgement of your</li> </ul>					
registration, and by pasting on your bike a sticker with your frame badge number. Your registration acknowledgement, once stamped, will enable you to obtain your brevet card in the					
gymnasium. On the way, park your bike using one of the cycle racks around the stadium. Important : The access to the soccer field is STRICTLY PROHIBITED. Violation will lead to penalties.	Ge				
COLLECTION OF DOCUMENTS :					
From the bike park, go up the central stairs to the gymnasium.	С				
<ul> <li>a) Show the acknowledgement of your registration as stamped by the bike controller, and your ID (FFCT members: show your membership card). You will receive a folder with several documents.</li> <li>b) Verify the contents of this folder with the controller : <ul> <li>Frame badge (check number) and zip ties.</li> </ul> </li> </ul>					
<ul> <li>Brevet card (check first and last name, frame badge number)</li> </ul>					
<ul> <li>Tracking chip (check frame badge number, noted on the envelope)</li> </ul>					
<ul> <li>Super Randonneur Medal</li> <li>Ordered items (magnetic card for long-term parking, meal tickets, PBP Randonneur jersey ticket, reflective vest ticket)</li> </ul>					
c) Sign the attendance sheet.					
<b>d)</b> If you have registered with a support vehicle, go to the vehicle stand ( <u>table Véhicules)</u> . See instructions on page K.					
<ul> <li>e) If you camp at the Base de Loisirs, pick up your access card at the Office du Tourisme (until Friday, Aug. 19 at 18h) or at the camping stand (<u>table Camping</u>) located in the gymnasium (Saturday and Sunday morning). Please show your ID and the registration acknowledgement.</li> </ul>					
f) If you have ordered a PBP Randonneur jersey and/or a reflective vest, go to the jersey stand ( <u>table Maillots</u> <u>et Vestes</u> ) with your tickets.					
EXIT FROM STADIUM :					
Pick up your bike on the bike park. To avoid any theft, a controller at the bike park gate will check if the number of your frame badge corresponds to the one on the sticker pasted on your bike during the bike check.					
Please take the underpass to leave the site.					
<b>Recommendations :</b> To make the check-in easier, please do not stay in the gymnasium longer than necessary. <b>Smoking</b> is prohibited within the stadium.					
If need be, please use the bins and the public toilets!					
PLEASE RESPECT THE ENVIRONMENT OF THE GUEST TOWN – THANK YOU					





ATTENTION : You MUST bring your brevet card and your chip at the start.

D

# **START (Sunday Afternoon and Monday Morning)** Gymnase des Droits de l'Homme – Rond-point des Saules - 78 GUYANCOURT (Saint-Quentin-en-Yvelines)

Please follow the itinerary given on the attached map (a2 / a3), according to the signs ->	Signs				
<ul> <li>ACCESS TO FACILITIES: for riders only.</li> <li>You <u>must</u> ride to the roundabout ('Rond-point des Saules') via Avenue du 8 mai 1945. Then, to get to the start control, take the underpass located by the gas station. The underpass will open : <ul> <li>Sunday from 14h30 to 16h30 for the solo bikes starting from 16h00</li> <li>Sunday from 16h30 to 17h30 for the special bikes starting at 17h30</li> <li>Sunday from 16h30 for the solo bikes starting from 18h00</li> <li>Monday from 3h45 for the riders starting at 4h45 and 5h00</li> </ul> </li> </ul>	Α				
Come into the stadium by the entrance gate. Then follow the signs to the different places.					
WAITING FOR THE START :					
Important: Access to the soccer field is PROHIBITED. Violation will lead to penalties. Wait for the start at following places : <ul> <li>Bikes and mountain bikes : around the soccer field and on the running track →</li> <li>Other machines : tandems : on the running track →</li> <li>triplets, trikes, other special bikes : on the fire emergency lane →</li> </ul>	P1.P2 P2 P3				
If you want to go in the gymnasium, or to make the last settings on your machine, bicycle racks are available on the right of the stadium. <u>No oiling please!</u>					
Check very carefully that your lights are firmly fixed on the bike, and in working order. Strap the chip around your ankle or fix it firmly to your shoe. You MUST wear your reflective vest before starting. A further control will be made on the lights for riders starting at night.					
START CONTROL : Keep your brevet card and your tracking chip with you. Push your bike and walk around the soccer field to the control place. Your brevet card will be stamped by groups of 400 to 500 riders for the group start, and of 20 riders for the free start.	Ctr				
<pre>START : After the start control, leave the stadium by the gate → Then go to the start place by the exit → Your official start time will be the time your tracking chip crosses the mat. If your brevet card is not stamped or your chip not recorded, you will be automatically disqualified.</pre>	Gs D				
Recommendations :					
SMOKING is forbidden within the stadium. If need be, please use the bins and the public toilets!					
PLEASE RESPECT THE ENVIRONMENT OF THE GUEST TOWN- THANK YOU					
Time penalties will be applied to those who cause a nuisance.					
RIDE SAFE - WE WISH YOU A GOOD PARIS-BREST-PARIS RANDONNEUR					





Ε

#### ATTENTION : Parking around the Gymnase des Droits de l'Homme is STRICTLY FORBIDDEN.

### PARKING

On the below listed places, parking is strictly forbidden during the event (or your vehicle will be towed away), from Saturday, Aug. 20, to Thursday, Aug. 25 (see attached map <u>A1</u>):

- D 127 road between Rond-point des Sangliers and Rond-point des Saules.
- Around Rond-point des Saules.
- Route de Saint-Cyr (D 129), from Rond-point des Saules to Rond-point du Boulevard des Chênes.
- Avenue du 8 mai 1945 up to Rond-point des Saules.
- Avenue Claude Monet up to Rond-point des Saules.

#### In addition, these roads are closed to traffic from Saturday at 16:00 to Monday at 05:00.

#### PARKING from Saturday morning to Monday morning (check-in and start):

Go on the parking area and follow the instructions given by the volunteers.

'ARIANE' is a car park for 500 cars. Get there by 'Boulevard des Chenes' (see map 'a1')

#### Vehicles must have left the parking lot before Monday, 00:00, or they will be towed away.

#### PARKING during the event :

During the PARIS-BREST-PARIS Randonneur, cars can be parked:

- in the car park CARREFOUR (for 1,000 cars), located in the shopping centre Espace Saint-Quentin, in front of the Theater
- in the car park Jean Bertin (for 100 cars), on the RN 10 road, near the railway station.

These car parks are only for the PARIS-BREST-PARIS Randonneur riders **who have requested to park their car when registering**.

They are called 'PARKINGS LONGUE DUREE' (check the location on attached map **b**).

A magnetic access card will be handed over to the rider with the brevet card.

As in all car parks, neither the A.C.P nor the owner of the car park can be held responsible for any thefts or damage to the vehicle.

#### Attention :

This card is valid for **one entry**. If you leave the car park, your card will no longer be valid.

If you do not park although you have booked at registration, thank you for returning us the access card.

#### Important :

In those car parks, the height is limited to 1.90 m. There is no access for vehicles with a bike on the roof, nor for mobile homes or vans.

#### **Recommendations** :

**SMOKING** is **FORBIDDEN** within the stadium. **If need be, please use the bins and the public toilets.** 

#### PLEASE RESPECT THE ENVIRONMENT OF THE GUEST TOWN – THANK YOU







### SERVICES

Meals are served to riders **first**. The crew members may use the service provided they do not get in the way of the riders and above all, not delay them. Controllers will check that all is running smoothly.

Sleeping facilities and showers are **only** for riders.

The phone numbers of the controls are indicated on the brevet card. They are only valid during the opening times of the controls.

Use those numbers only in case of **great urgency**. Please note that no information about the rider progress can be collected by calling the controls.

#### Do not forget :

Your frame badge number makes it possible to identify and to track you throughout the PARIS-BREST-PARIS Randonneur. *GIVE IT TO YOUR RELATIVES AND FRIENDS*. See attached **sheet I**.

SERVICES IN SAINT-QUENTIN (before the ride)

Food and Drinks on Saturday and Sunday.

In front of the Gymnase des Droits de l'Homme, a food and drinks stand will be open to the public Saturday and Sunday, all day (see attached sheet a1)

#### Dinner on Sunday: you must book it at registration

Dinner is served at the Restaurant Les QUADRANTS, located about 1 km from the stadium (see attached map <u>b</u>). The tickets for the restaurant are included in the folder distributed the day before the start, for all those who

have booked a meal on their registration form.

- **Pink** tickets : Service from 11h00 to 13h00 for riders starting on Sunday at 16h00.
- Green tickets : Service from 13h00 to 17h00 for riders starting on Sunday between 17h30 and 22h00.
- Blue tickets : Low-priority service for riders starting on Monday morning.

Attention : Please respect the time indicated on your ticket. The colour of your ticket will be checked to let you in the restaurant.

#### SERVICES IN THE CONTROLS

At each control, you will find (during the opening times of the control):

- Drinks stand (water, coffee, beer, coke, etc...)
- Fast food (sandwiches, etc., from 1.50 €)
- Self-service and/or meals (from 10.00 to 12.00 € not including drinks)
- Showers (2.00 to 4.00 €) and sleeping facilities (3.50 to 7.00 €)
- Mechanical support
- Prices are indicative.

#### SERVICES IN SAINT-QUENTIN (after the ride)

From Tuesday noon to Thursday evening, a food and drinks stand will be open, under a tent, on the car park within the 'Gymnase des Droits de l'Homme' (see attached map 'a2 / a3' - P sign)

1,500 people will be at your service during 4 days and 4 nights. All of them are volunteers, each having been persuaded by the control manager to join the party. All of them will do their best to satisfy you. Never forget that without them, PARIS-BREST-PARIS Randonneur would not be organised.







### SAFETY CHARTER

#### The organiser commits oneself to insure the safety of the riders by :

- Choosing a quiet time of the year
- Offering a tried-and-tested route, with low traffic

- Inspecting bikes the day before the start, to check if front and rear lights are in working order, as well the whole machine

- Reminding that it is obligatory to wear a reflective vest at night and in other low-light conditions
- Strongly recommending to wear a helmet
- Reminding safety instructions and traffic laws at the start of every group of riders
- Putting reflective arrow signs on the route
- Working with official course vehicles in Saint-Quentin-en-Yvelines

- Working with the volunteers of the Association Normande d'Escorte Cycliste (Motorcycle Riders Escort), who will remind to all riders the safe practices of bicycle touring

- Setting checkpoints about every 80 km, where riders can rest and eat
- Working with a Previsional Emergency Response Force in every control town, who will watch over the riders

- Prohibiting the support vehicles on the riders' route (and giving a penalty to the rider if his or her support vehicle is identified on the official route by controllers)

- Giving penalties in case of violation of Traffic Law

### **RIDER CHARTER**

#### The rider commits oneself to respect :

- The Traffic Law : You are not the sole user of the roads!
- The Other Road-Users : Be courteous towards the car drivers!
- The Volunteers : Without them, you would not be there!
- The Control Places : We must leave the control venues as clean as we found them!
- The Environment : Please place all paper and any other garbage in the bins provided!

Traffic Calming more and more involves measures which physically alter the road layout, like narrowing, speed cushions, median islands, chicanes, curb extensions etc. Take care!

Behave so that PARIS-BREST-PARIS may continue to exist!







### ADVICE and RECOMMENDATIONS

#### IN THE CONTROLS :

#### Check-in :

Do not forget that your brevet card must be stamped and your chip recorded by crossing the mat in each control (except in Mortagne-au-Perche on the way out).

#### Meals :

Each checkpoint serves hot food around the clock. A wide range of real food is available and should be adapted to your needs.

#### Sleeping facilities :

The organisers will do their best to get you a bed or a mat if you need rest for a few hours. However, overcrowding may happen in the busiest hours. Make sure you take a survival blanket – it is not heavy and can be useful whenever you feel sleepy. **Be silent** in the dormitories. Please respect those riders who are still sleeping.

#### First aid :

In all controls, first-aiders are present in case of more or less serious illness or injury. Ask somebody to note on your brevet card the treatment you have received.

If you take particular medicine, do not forget to keep it with you.

In application of Code of Public Health, creams and drugs can only be delivered by a Doctor at a first-aid post. Therefore, if you think it necessary, carry these items with you, as the **A.C.P. cannot guarantee that a Doctor will be present at each control.** 

#### If you ride without support vehicle :

Do not overload yourself; the controls will supply what you need.

#### ON THE ROAD :

#### **RESPECT THE TRAFFIC LAW**

The Prefectures who grant the permission to run the event in their department **all** insist on this point.

Do not leave behind poor memories of your behaviour, or even worse, a bad police report. The future of the PARIS-BREST-PARIS Randonneur depends on your behaviour.

Offences noted by the controllers will lead to time penalties (article 18 of the PBP Rules).

TAKE CARE and PAY ATTENTION, especially at night. The road surfaces are not always marked. For this reason, a powerful lighting system is recommended.

#### Attention :

Here are a few dangerous spots :

- During the first 50 km, the towns have many road median islands.
- **300 metres after the start,** at the roundabout (rond-point) des Sangliers: the road narrows from 6 to 3 metres.
- TRAPPES (km 8.5), the road narrows from 6 to 3 metres.
- Crossroads in La Hutte (km 187.5 on the way out; 1042.5 on the way back): You cross the busy N 138 road (which connects LE MANS to ALENÇON).
- Crossroads in Le Ribay (km 239 on the way out; 991 on the way back): You cross the busy N 12 road.
- **Stop sign in BECHEREL** on the way back (km 857). You must stop in a downhill, before crossing the busy D 27 road (which connects RENNES to DINAN).

## • Of course, all the other stop signs and traffic lights may be dangerous if you do not observe the Traffic Law. *Last recommendations :*

#### The PARIS BREST PARIS Randonneur roads are hilly. Do not hesitate to use low gears.

Plan ahead for efficient use of your time at the controls - a few minutes saved may be precious later on. Be courteous at all times – on the road and in the controls.

The areas surrounding the controls must be kept clean. Remember those riders still to come and the local inhabitants. **Toilets** and **bins** for litter are available everywhere. If necessary you may relieve yourself inbetween controls. **Randonneurs must not be known for any type of poor behavour.** 







### **ROAD SIGNAGE – RIDER TRACKING – INFORMATION**

#### **ROAD SIGNAGE :**

The PARIS-BREST-PARIS Randonneur is completely signposted with reflective arrow signs.

#### Arrow Signs :

- BREST : Yellow background, main part of arrow pink with white tip.
- PARIS : Orange background, main part of arrow blue with white tip.

At some crossroads or roundabouts, to save you from taking the wrong direction, an error sign is placed along the route, 50 to 100 metres after the wrong turn.

#### Error Signs :

- OUT AND BACK WAY: Green background with red Saint Andrew's Cross (saltire).

Road signage does not make it any the less necessary for you to pay attention to the route, especially at night. Strong front lights (producing an 8 to 10-meter beam) are required to light up the reflective arrow signs. Keep your lights in perfect working order!

#### **RIDER TRACKING :**

In each control, when you cross the mat, your chip is recorded and the data are transferred to a server. Your family and friends can consult your progress on <u>www.paris-brest-paris.org</u>. Riders are identified by name, or by frame badge number.

#### Attention :

Technology is not infallible. We cannot guarantee real-time information throughout the course. Temporary data transmission failures will be reported on our website: <u>www.paris-brest-paris.org</u>

During the PARIS-BREST-PARIS Randonneur, the website <u>www.parisbrestparis.tv</u> will broadcast a prerecorded video.

**INFORMATION** : <u>www.paris-brest-paris.org</u>





### **CONTROL TIMETABLES**

]1

#### Start on Sunday, Aug. 21, 2011 at 16:00 (Solo Bikes) 80 h time limit Controls - Opening and Closing Times (calculated on the basis of a start at 16:00, to be adjusted to your real start time)

WAY OUT		Km	-	Оре	ning (*)	Closi	ing
SAINT-QUENTIN-EN-YVELINES	:	0,0	-	Di:	16 h 00	Di:	
MORTAGNE-AU-PERCHE (**)	:	140,0	-	Di:	19 h 49	Lu:	0 h 14
VILLAINES- LA-JUHEL	:	221,0	-	Di:	21 h 56	Lu:	5 h 00
FOUGERES	:	310,0	-	Lu:	0 h 25	Lu:	10 h 14
TINTENIAC	:	364,0	-	Lu:	1 h 55	Lu:	13 h 28
LOUDEAC	:	449,0	-	Lu:	4 h 26	Lu:	18 h 45
SAINT-NICOLAS-DU-PELEM (Services)		493,0		Lu:	5 h 44	Lu:	21 h 30
CARHAIX-PLOUGUER	:	525,0	-	Lu:	6 h 40	Lu:	23 h 30
BREST	:	618,0	-	Lu:	9 h 36	Ma:	5 h 19
WAY BACK							
CARHAIX-PLOUGUER	:	703,0	-	Lu:	12 h 40	Ma:	10 h 59
SAINT-NICOLAS-DU-PELEM (Services)		736,0		Lu:	13 h 56	Ma:	13 h 11
LOUDEAC	:	782,0	-	Lu:	15 h 44	Ma:	16 h 15
QUEDILLAC (Services)		841,0		Lu:	18 h 11	Ma:	20 h 11
TINTENIAC	:	867,0	-	Lu:	19 h 16	Ma:	21 h 55
FOUGERES	:	921,0	-	Lu:	21 h 31	Me:	1 h 31
VILLAINES-LA-JUHEL	:	1009,0	-	Ma:	1 h 13	Me:	7 h 48
MORTAGNE-AU-PERCHE	:	1090,0	-	Ma:	4 h 56	Me:	13 h 35
DREUX	:	1165,0	-	Ma:	8 h 41	Me:	18 h 59
SAINT-QUENTIN-EN-YVELINES	:	1230,0	-	Ma:	11 h 56	Me:	24 h 00

The brevet cards will be stamped in the stadium (see attached sheet a2), from 15:00.

- (\*) Excepted in the finish control, the opening is free. The opening times are given as a guide.
  - (\*\*) Mortagne-au-Perche is not a control on the way out, but it has services.

#### Group Start:

For your safety, you will start in groups of 400 to 500 riders, at 20 minute intervals. Your official start time will be the time your tracking chip crosses the mat. Thus your real time will be taken into account at your arrival in the controls and at the finish.

#### All riders must pass through each control before the closing time.

## *Attention* : After the given time, the controllers will not stamp your card. Missing brevet card validation will result in **disqualification** (article 13 of the PBP Randonneur Rules).

Plan ahead for efficient use of your time at the controls and whilst riding. This will help you to arrive early in the next control.

#### Exceptional derogations are granted :

- If you have a serious mechanical issue.
- If you have an accident, or if you are a witness to an accident requiring a police report.
- If you assist somebody who is sick or has an accident, and wait until the first-aiders arrive, or a controller (then the controller records the delay and notes it on your brevet card).
- In all cases, you must catch up within 2 or 3 controls, depending on your delay.

#### RECOMMENDATIONS

#### If you abandon :

Remove your frame badge and the tracking chip. Return your brevet card to the nearest control or the first encountered course vehicle. The brevet card will be returned to the rider, together with the results brochure, in January 2012. And please also let your relatives and friends know.







### **CONTROL TIMETABLES**

Start on Sunday, Aug.21, 2011

at 17:30 (tandems, triplets, trikes, special bikes) or at 18:00 (bikes and mountain bikes) **90 h time limit** from 21:00 to 22:00 (free start for all bikes) **90 h time limit** Controls - Opening and Closing Times

(calculated on the basis of a start at 18:00, to be adjusted to your real start time)

WAY OUT		Km	-	Оре	ening (*)	Clos	ing
SAINT-QUENTIN-EN-YVELINES	:	0,0	-	Di:	18 h 00	Di:	
MORTAGNE-AU-PERCHE (**)	:	140,0	-	Di:	22 h 27	Lu:	3 h 20
VILLAINES- LA-JUHEL	:	221,0	-	Lu:	0 h 59	Lu:	8 h 44
FOUGERES	:	310,0	-	Lu:	3 h 57	Lu:	14 h 40
TINTENIAC	:	364,0	-	Lu:	5 h 45	Lu:	18 h 38
LOUDEAC	:	449,0	-	Lu:	8 h 49	Ma:	1 h 08
SAINT-NICOLAS-DU-PELEM (Accueil)		493,0		Lu:	10 h 23	Ma:	4 h 31
CARHAIX-PLOUGUER	:	525,0	-	Lu:	11 h 32	Ma:	6 h 59
BREST	:	618,0	-	Lu:	15 h 08	Ma:	13 h 19
WAY BACK							
CARHAIX-PLOUGUER	:	703,0	-	Lu:	18 h 24	Ma:	19 h 51
SAINT-NICOLAS-DU-PELEM (Accueil)		736,0		Lu:	19 h 47	Ma:	22 h 24
LOUDEAC	:	782,0	-	Lu:	21 h 42	Me:	1 h 56
QUEDILLAC (Accueil)		841,0		Ma:	0 h 23	Me:	6 h 37
TINTENIAC	:	867,0	-	Ma:	1 h 34	Me:	8 h 47
FOUGERES	:	921,0	-	Ma:	4 h 01	Me:	13 h 04
VILLAINES-LA-JUHEL	:	1009,0	-	Ma:	8 h 01	Me:	20 h 12
MORTAGNE-AU-PERCHE	:	1090,0	-	Ma:	12 h 00	Je:	1 h 56
DREUX	:	1165,0	-	Ma:	15 h 45	Je:	7 h 12
SAINT-QUENTIN-EN-YVELINES	:	1230,0	-	Ma:	19 h 00	Je:	12 h 00

The brevet cards will be stamped in the stadium (see attached sheet a2), from 17:00.

(\*) Excepted in the finish control in Saint-Quentin-en-Yvelines, the control opening is free. The opening times for the 17:30 start are given as a guide.

(\*\*) Mortagne-au-Perche is not a control on the way out, but it has services.

#### Group Start:

For your safety, you will start in groups of 400 to 500 riders, at 20 minute intervals.

Your official start time will be the time your tracking chip crosses the mat.

Thus your real time will be taken into account at your arrival in the controls and at the finish.

#### All riders must pass through each control before the closing time.

## Attention : After the given time, the controllers will not stamp your card. Missing brevet card validation will result in disqualification (article 13 of the PBP Randonneur Rules).

Plan ahead for efficient use of your time at the controls and whilst riding. This will help you to arrive early in the next control.

#### Exceptional derogations are granted :

- If you have a serious mechanical issue.
- If you have an accident, or if you are a witness to an accident requiring a police report.
- If you assist somebody who is sick or has an accident, and wait until the first-aiders arrive, or a controller (then the controller records the delay and notes it on your brevet card).
- In all cases, you must catch up within 2 or 3 controls, depending on your delay.

#### RECOMMENDATIONS

#### If you abandon :

Remove your frame badge and the tracking chip. Return your brevet card to the nearest control or the first encountered course vehicle. The brevet card will be returned to the rider, together with the results brochure, in January 2012. And please also let your relatives and friends know.







### **CONTROL TIMETABLES**

Start on Monday, Aug. 22, 2011

#### at 4:45 (tandems, triplets, trikes, special bikes) or at 5:00 (bikes and mountain bikes) 84 h time limit

from 5:30 to 8:00 (free start for all bikes) 83h30 to 81h00 time limit

**Controls - Opening and Closing Times** 

(calculated on the basis of a start at 5:00, to be adjusted to your real start time)

WAY OUT		Km	-	Ор	ening	Closi	ng
SAINT-QUENTIN-EN-YVELINES	:	0,0	-	Lu:	5 h 00	Lu:	
MORTAGNE-AU-PERCHE (**)	:	140,0	-	Lu:	9 h 00	Lu:	13 h 14
VILLAINES- LA-JUHEL	:	221,0	-	Lu:	11 h 15	Lu:	18 h 17
FOUGERES	:	310,0	-	Lu:	13 h 52	Lu:	23 h 51
TINTENIAC	:	364,0	-	Lu:	15 h 28	Ma:	3 h 14
LOUDEAC	:	449,0	-	Lu:	18 h 08	Ma:	8 h 32
SAINT-NICOLAS-DU-PELEM (Accueil)		493,0		Lu:	19 h 31	Ma:	11 h 31
CARHAIX-PLOUGUER	:	525,0	-	Lu:	20 h 31	Ma:	13 h 39
BREST	:	618,0	-	Lu:	23 h 38	Ma:	19 h 51
WAY BACK							
CARHAIX-PLOUGUER	:	703,0	-	Ma:	2 h 40	Me:	1 h 31
SAINT-NICOLAS-DU-PELEM (Accueil)		736,0		Ma:	3 h 56	Me:	3 h 43
LOUDEAC	:	782,0	-	Ma:	5 h 42	Me:	7 h 00
QUEDILLAC (Accueil)		841,0		Ma:	8 h 10	Me:	11 h 13
TINTENIAC	:	867,0	-	Ma:	9 h 15	Me:	13 h 04
FOUGERES	:	921,0	-	Ma:	11 h 30	Me:	16 h 55
VILLAINES-LA-JUHEL	:	1009,0	-	Ma:	15 h 30	Me:	23 h 13
MORTAGNE-AU-PERCHE	:	1090,0	-	Ma:	19 h 29	Je:	5 h 26
DREUX	:	1165,0	-	Ma:	23 h 14	Je:	11 h 34
SAINT-QUENTIN-EN-YVELINES	:	1230,0	-	Me:	2 h 30	Je:	17 h 00

The brevet cards will be stamped in the stadium (see attached sheet a2), from 3:45.

(\*\*) Mortagne-au-Perche is not a control on the way out, but it has services.

#### Group Start:

For your safety, you will start in groups of 400 to 500 riders, at 15 minute intervals. Your official start time will be the time your tracking chip crosses the mat. Thus your real time will be taken into account at your arrival in the controls and at the finish.

#### Free Start:

Whatever your start time between 5:30 to 8:00, you must arrive before Thursday, Aug. 25 at 17:00. The time limit varies between 83h30 (start at 5:30) to 81h00 (start at 8:00).

#### All riders must pass through each control before the closing time.

## *Attention* : After the given time, the controllers will not stamp your card. Missing brevet card validation will result in disqualification (article 13 of the PBP Randonneur Rules).

Plan ahead for efficient use of your time at the controls and whilst riding. This will help you to arrive early in the next control.

#### Exceptional derogations are granted :

- If you have a serious mechanical issue.
- If you have an accident, or if you are a witness to an accident requiring a police report.
- If you assist somebody who is sick or has an accident, and wait until the first-aiders arrive, or a controller (then the controller records the delay and notes it on your brevet card).
- In all cases, you must catch up within 2 or 3 controls, depending on your delay

#### RECOMMENDATIONS

#### If you abandon :

Remove your frame badge and the tracking chip. Return your brevet card to the nearest control or the first encountered course vehicle. The brevet card will be returned to the rider, together with the results brochure, in January 2012. And please also let your relatives and friends know.







ATTENTION : Support vehicles are **FORBIDDEN** on the riders' official route

### **SUPPORT VEHICLES**

#### The day before the start, at check-in, if you have registered with a support vehicle :

- \* Collect your brevet card and go to the vehicle stand (<u>table Véhicules</u>) with the vehicle identification sheet. You will receive two stickers.
- \* Past the larger sticker (with the number) on the left of the back window. Do not remove it until the end of the event.

Past the smaller sticker on the left side of the windscreen.

- \* If you are unable to give the stickers to the driver of the vehicle before your start, tell at which control the envelope containing the two stickers must be sent.
- \* Make sure that your crew reads the instructions below.

#### **INSTRUCTIONS FOR THE CREW :**

#### On the road :

Support vehicles are forbidden on the riders' route. If this rule is not observed, a penalty of 2 hours will be given to the rider (article 18 of the PBP Rules). This penalty will be cumulated in case of further offence.

#### The official route is patrolled night and day by controllers.

We suggest you an alternative route to reach each control. Please keep to the alternative route.

#### In the control towns :

Only registered vehicles can park in the areas provided by the organisers.

You are allowed to drive on the riders' route, and to support any rider within 5 km from the control place.

#### ATTENTION

*Please respect the instructions given by the officials. Do not cause any inconvenience by trying to get as close as possible to the control point.* 

Traffic must move well in the town and especially in the area where the control is located. Please park correctly and do not block the road. Remember the local inhabitants.

Do not stay at the same place for a long time. Remember that other vehicles are coming. If you want to stop longer (e.g. if you need to sleep), please park inbetween controls.

The areas surrounding the controls must be kept clean (if the crew does not respect the environment of the guest towns, a penalty will be given to the rider).

#### Services :

The crew members can eat at the controls. However, riders will be served first, especially during the busiest times. **Please respect this priority.** 

Showers and dormitories are for riders only. The crew is not allowed in these areas.







**ATTENTION :** Support vehicles are **FORBIDDEN** on the riders' official route.

#### ALTERNATIVE ROUTE FOR SUPPORT VEHICLES

**WAY OUT** (*MICHELIN maps n<sup>°</sup> 58 - 59 - 60 or 230 - 231 - 232 - 237* 

Road	Location	Road	Location
	Saint-Quentin-en-Yvelines		La Chapelle-aux-Filtzméens
D 129	Guyancourt	N 2137	Saint-Domineuc ( <i>left</i> )
	Gymnase des Droits de l'Homme		
	junction N 12		TINTENIAC
N 12	crossraods D 127 x N 12		
			Control
	Pontchartrain		
		D 80	Hédé
	DREUX		Saint-Gondran
	Control on the way back	D 25	Langan
		D 68	Romillé
	Verneuil-sur-Avre		Pleumeleuc
D 938	Mauregard ( <i>left</i> )	N 12	at 1 km crossroads N 12
		N 164	at 11 km bretelle N 164 (ramp to N 164)
D 912	MORTAGNE-au-PERCHE		Saint-Méen-le-Grand
	Control		
		N 164	LOUDEAC
N 12	crossroads D 912 x N 12		Control
	Alençon		
	Pré-en-Pail		Saint-Caradec
D 20	Leaving Pré-en-Pail (left)		Gouarec
D 13	VILLAINES-la-JUHEL	N 164	CARHAIX-PLOUGUER
	Control		Control
N 12	Javron		direction Châteaulin
	Mayenne		Pleyben
	Ernée	N 165	4 km before Châteaulin crossroads N 164 x
			N 165
			Daoulas
	FOUGERES		pont de l'Iroise (bridge over Iroise River)
	Control		Le Relecq-Kerhuon
		N 165	roundabout N 165 x N 265 (left)
	rocade sud (south ringroad)		at 1 km exit crossroads Saint-Marc
D 155	crossroads rocade sud x D 155		
	Saint-Brice-en-Coglès		BREST
D 796	at 7 km crossroads D 155 x D 796 (left)		along the docks
			Port de Commerce (merchant harbour)
	Tremblay		
			Control
D 13	Combourg		

In BREST, it is impossible to park by the control. Support vehicles must park 1 km before the control, on the docks of the Port de Commerce (merchant harbour), where the town will organise celebrations.

The WAY BACK is the same as the WAY OUT.







ATTENTION : Hand this sheet in to the vehicle stand (table Véhicules) on Sat. or Sun. morning (Aug. 20-21).

#### **IDENTIFICATION SHEET FOR SUPPORT VEHICLES**

License Plate N° :		
Brand and Model :	Colour :	
Name of the Driver :		<b>N°</b>
Address : N° Road		Given by the ACP
Town	Country :	

#### Supported Rider(s):

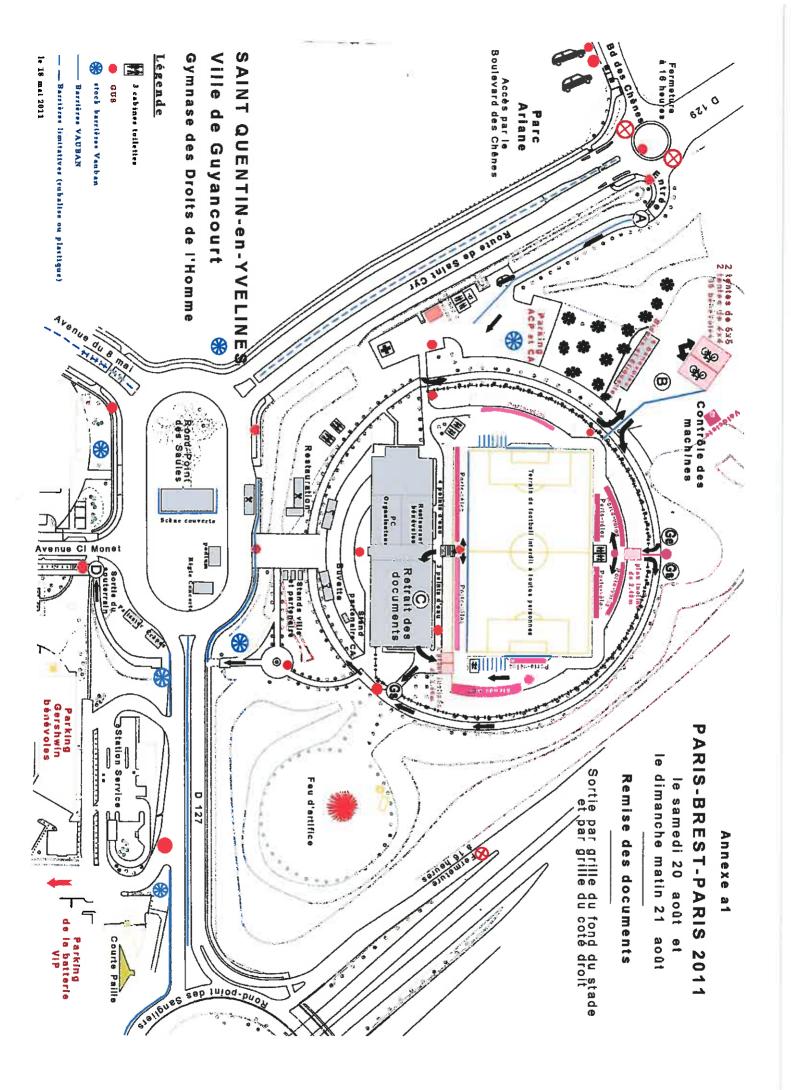
If you are a group, the first name on the list will be the sole responsible in case of violation of the Rules by the support vehicle.

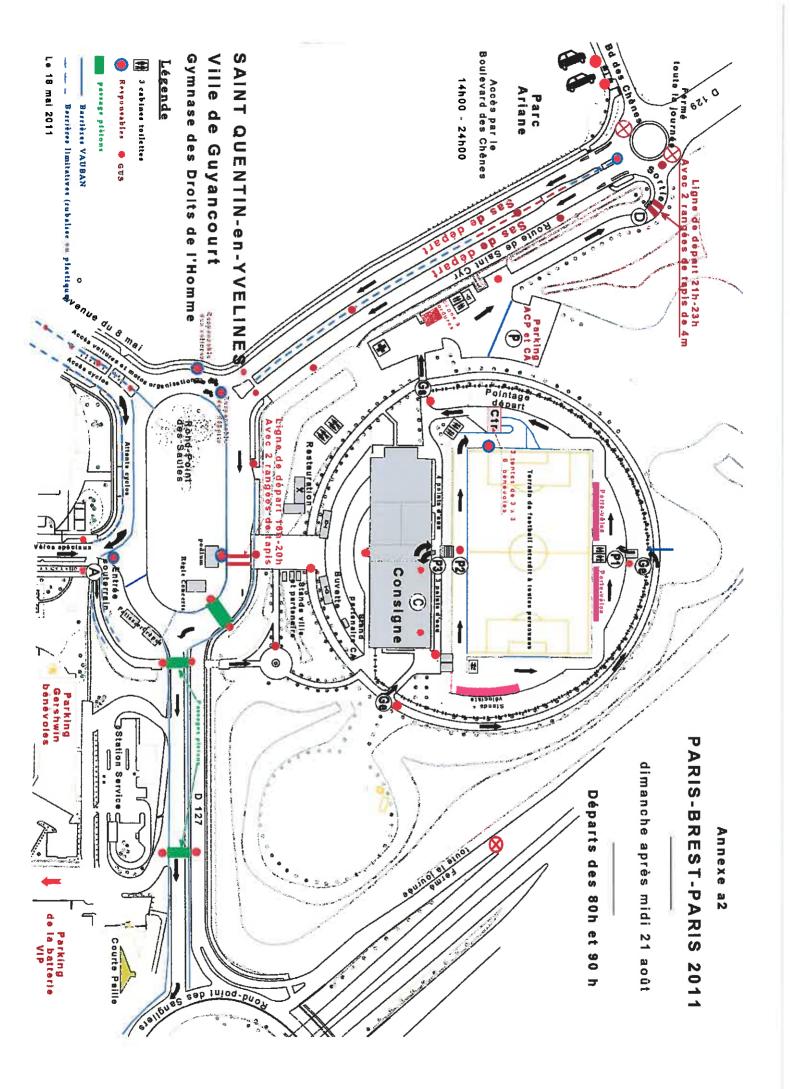
N° PBP	Rider's NAME	Forename	Club Name

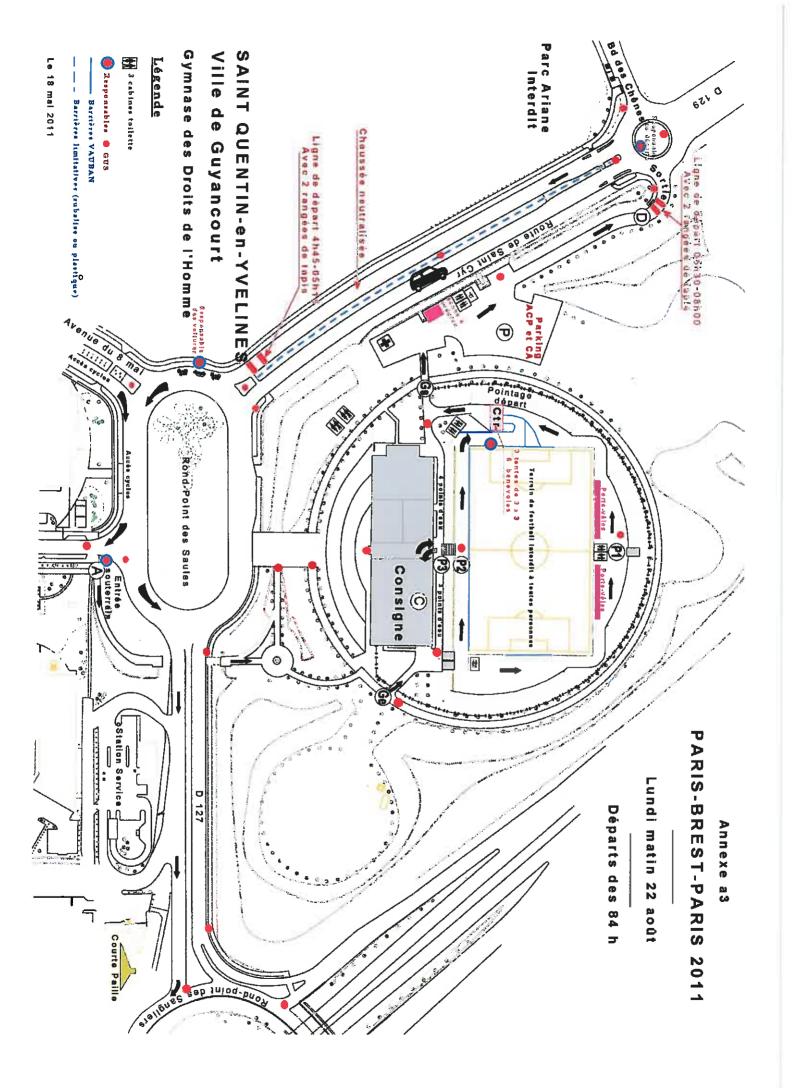
> Complete **one** sheet per vehicle. The ACP will give you a vehicle number.

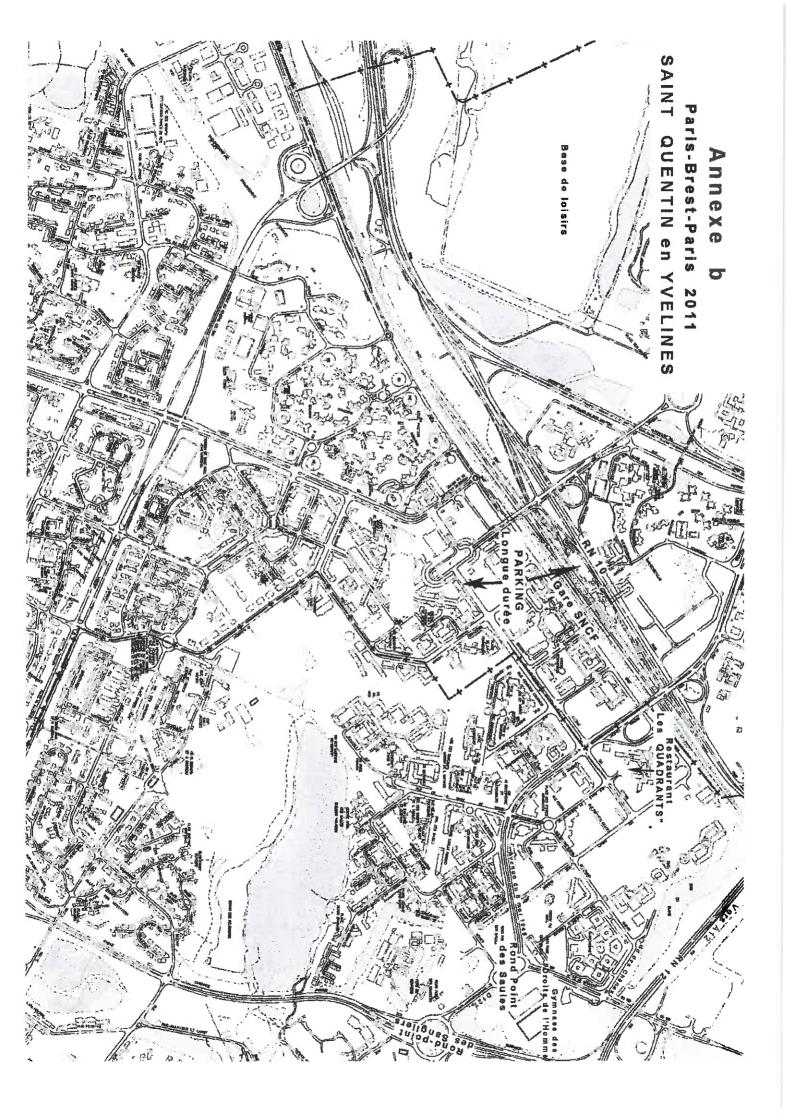
- > The driver says that he must absolutely comply with the Rules of PARIS-BREST-PARIS Randonneur.
- The driver is allowed to meet and support the rider only within 5 km from the control place. Support vehicles are forbidden on the riders' official route. If this rule is not observed, a penalty of 2 hours will be given to the rider (article 18 of the Rules).

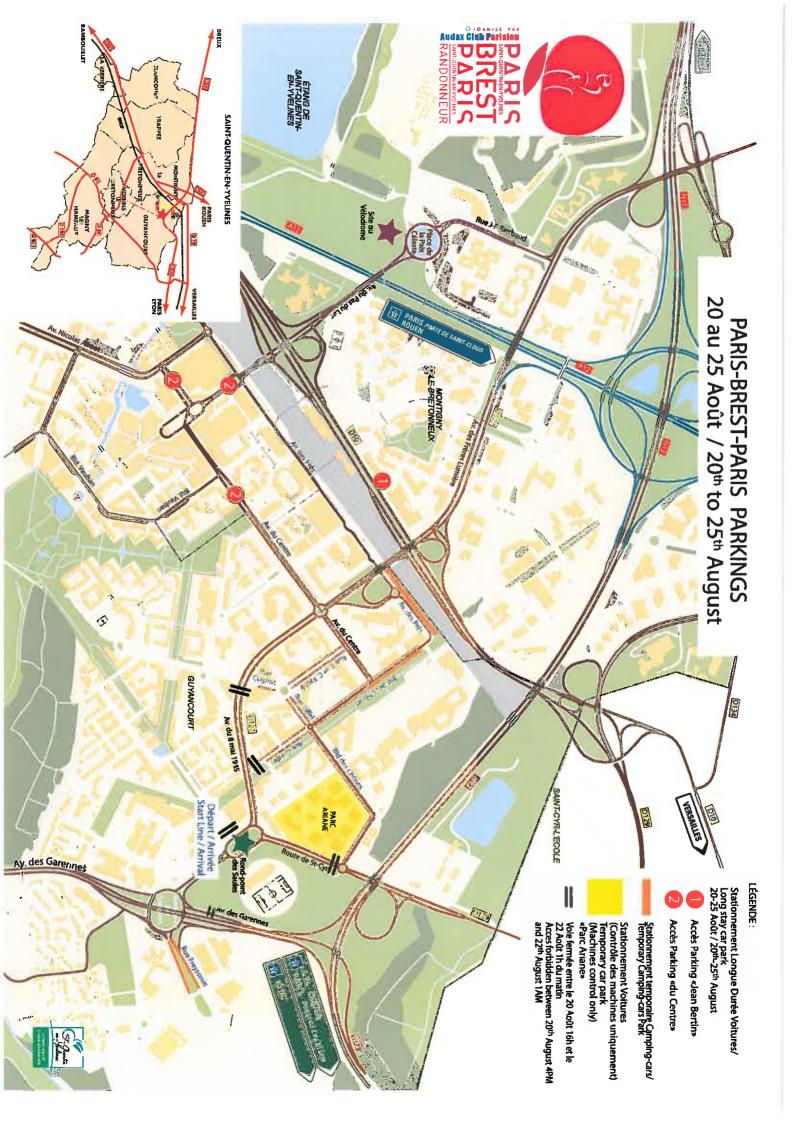
#### Signature of the Responsible Rider













#### "REIMBURSEMENT OF THE ENROLMENT FEE FOR THE PARIS-BREST-PARIS CYCLING TOURNAMENT FOLLOWING CANCELLATION" COVERED BY MUTUELLES DU MANS ASSURANCES (Contrat no. 119.118.920)

#### **EVENTS COVERED**

Covered by the insurance company under this contract are:

### 1) Serious illness, accidents (such as defined below), death:

. of the participant, his or her spouse or companion.

. of ascendants, descendants of the policy holder. For these persons, serious illness or accidents will be taken into consideration to the extent that the participant is obligated to be near them for family or economic reasons.

. death of a brother, sister, brother-inlaw, sister-in-law.

#### Definitions

. serious illness: an alteration of health, duly observed by a competent medical authority, formally preventing the patient from leaving the sickroom for a minimum of 8 days and necessitating the absolute interruption of all job activity or other activity.

. **accident**: bodily injury, unintended by the victim, resulting from the sudden action of an outside cause and preventing him or her from moving about by himself or herself.

In this respect, the insurance covers accidents resulting from any leisuretime sports activity making participants unable to ride a bicycle.

2) **Pregnancy** and any complications due to this state, provided that the insured person:

. is not pregnant or was not aware of her pregnancy when signing up for the trip,

. is pregnant less than 6 months when taking the trip.

3) Nervous breakdown resulting in hospitalization (in a hospital) for 7 days or more.

4) **Destruction due to fire, accident or natural elements, burglary** of professional or private premises that the participant occupies as the owner or tenant, provided that more than 50% of the premises has been destroyed or that the burglary occurred less than 7 days before the date of departure.

5) **Dismissal** of the participant and/or his spouse or companion due to economic redundancy provided that, in the first case, when signing up for the trip, they had no knowledge of this decision and, in the second case, they had signed up for the trip 3 months before the dismissal notice.

6) **Modification or cancellation of paid** vacation resulting exclusively from the employer's will.

#### EXCLUSIONS OR EVENTS NOT RESULTING IN IMPLEMENTATION OF THE COVERAGE

The insurance company covers solely requests made for cancellation following the aforementioned events or causes which, for the insured party, are unpredictable, i.e. the occurrence of which he or she could not have reasonably imagined when signing up for the trip or the stay.

#### The following events are excluded:

. alcoholism, intoxication, use of medicine or drugs not medically prescribed.

. cure or aesthetic, psychic or psychotherapeutic treatment.

. accident, illness or death that is the consequence of a chronic poor state of health or that strikes an insured party who is more than 80 years old.

. civil or foreign war, revolution, military mutiny.

. cyclone, earthquake, volcanic eruption or other cataclysm. . disintegration of atomic nuclei.

#### MAXIMUM SUM COVERED: € 110

This insurance covers reimbursement of the actual enrolment fee paid and proved by the insured party at the time the event occurs.

#### PERIOD OF COVERAGE

The coverage takes effect, at the latest, when the participant signs up for the **PARIS-BREST-PARIS**, after confirmation, by the tour operator, of the signing and payment, is received.

#### PREMIUM

The premium indicated on the application form is  $2 \in$  (including taxes) (non-reimbursable).

#### "INSURED PARTY'S DUTIES" WHEN REQUESTING INSURANCE COVER FOR"REIMBURSEMENT OF THE ENROLMENT FEE FOR THE PARIS-BREST-PARIS CYCLING TOURNAMENT FOLLOWING CANCELLATION"

The insured party must declare all events obligating him or her to cancel his/her trip.

This declaration to **MUTUELLES DU MANS ASSURANCES** must be made within 5 working days (and by telephone the very same day), except in the case of force majeure, after becoming aware of these facts. If this period of time was not observed, the participant could be refused coverage of the claim.

### The declaration made by the insured party must be accompanied:

. In the event of serious illness or an accident, by a medical certificate (if necessary in a sealed envelope to the attention of the insurance company's medical consultant) stating:

- the date of occurrence of the illness or accident, its predictable consequences with respect to the definitions given above,

- the absence or existence of a former state. In the latter case, the medical certificate must indicate that the progression of the illness or the effects of the accident was, for the insured party, unpredictable.

. in the event of pregnancy, by a photocopy of the 1st leaf of the maternity record,

. in the event of death, by a death certificate and a record of civil status,

. an expert's report attesting to the extent of the damage to his or her personal property or real estate (the date of the event must be indicated).

. an attestation from the employer giving notice of either the dismissal of the insured party due to economic redundancy or the modification or cancellation of the paid vacation.

SPECIFIC CONDITIONS CONCERNING INSURED PARTIES NOT RESIDING IN FRANCE The declaration and accompanying documents must be drawn up in French. The insurance company will pay the indemnity in Euros.



#### PARIS → BREST → PARIS 2011 INSURANCE

Your PBP Entry No

For your piece of mind, the organisers of PARIS → BREST → PARIS have made enquiries about our insurance cover during the event.

They have contacted the insurance companies on your behalf.

#### ➤ Member of F.F.C.T.

Your are covered under the insurance taken out by your Federation (PETIT OR GRAND BRAQUET) or by your club.

#### > Members of F.S.G.T. and U.F.O.L.E.P., other licensed participants

You can take advantage of the cover provided under the terms of your membership

#### > All those taking part

1) Cover has been subscribed to (contract n°119 118 910),

For F.F.C.T., F.S.G.T., and U.F.O.L.E.P. licence holders, this cover supplements the insurance provided under your licence, or provides it where there is none.

In the case of an accident :

- Emergency Transport and First Aid costs(non-refundable through the Welfare system) up to 400 € (euros)
- Hospital costs ..... up to 4 000 € (euros)
- Repatriation costs (including those to Country of Origin) ..... Reasonable Cost

Please note that the organisers have taken out insurance covering Public Liability and Legal Aid costs with respect to **third parties**, **participants in the event and volunteer workers**.

#### 2) In the event of a claim

- \* <u>Necessitating repatriation (following an accident during the PBP)</u>
- You must:
- if you hold a licence,

telephone, or have someone telephone for you, your federation who will explain what to do to be repatriated

- if you do not have repatriation cover with your licence or if you are not licensed
\$\&\$ telephone, or have someone telephone for you, MMA ASSISTANCE (tel. n°+33 (0) 140 255 959)
\$\&\$ quoting the product code - N° 100 292.

For acceptance, repatriation must be authorised or carried out by MMA ASSISTANCE.

#### \* Other incidents

You must:

- for those taking part who hold FFCT, FSGT, UFOLEP or any other licence, take the steps recommended by the appropriate licencing authority,

- if you are not licensed
  - ✤ telephone MMA Prévoyance

1 allée du Wacken - 67978 Strasbourg Cedex 9 Tel. n°+33 (0) 388 117 008400.

Please send full details of your claim : You should enclose any supporting documentation (your entry details to the event, accident declaration form, medical certificates, invoices, witnesses' reports)

YOU MUST ALWAYS GIVE YOUR PBP COMPETITOR'S NUMBER AND YOUR FULL ADDRESS.

Cycle Carefully – Don't forget the highway Code

### PASS' DECOUVERTE PARIS-BREST-PARIS 2011

L'Office de Tourisme de Saint-Quentin-en-Yvelines vous propose de découvrir quelques sites d'exception à des tarifs promotionnels inédits grâce au *Pass'découverte*, idéal pour toute la famille.

Venez le retirer dans nos locaux, dans le centre commercial Espace Saint-Quentin, près de la gare de Saint-Quentin-en-Yvelines (Montigny-le-Bretonneux) : nos partenaires vous ont réservé leurs meilleures offres ! Il vous sera remis gratuitement, sur présentation de votre numéro de plaque de cadre.

Vous pourrez également retirer le Pass sur le site de départ du Paris-Brest-Paris (Rond-point des Saules à Guyancourt). Présentez-vous sur le stand de l'Office de Tourisme de Saint-Quentin-en-Yvelines entre le 20 et le 25 août avec votre numéro de plaque de cadre, et il vous sera remis gratuitement.

A bientôt !

During your stay, discover the region with our new "**Pass' découverte**": promotional rates and special offers for families!

Our partners have reserved you their best offers. Come to the tourist office, close to Saint-Quentin-en-Yvelines (Montigny-le-Bretonneux) train station, in the Espace Saint-Quentin shopping center, with your PBP number: we will give you the Pass which is totally free and very useful for families.

You can also pick up the Pass on the start site of the Paris-Brest-Paris (Rond-point des Saules in Guyancourt). Introduce yourself on the stand of the Office de Tourisme de Saint-Quentin-en-Yvelines, between 20th and 25th August, with your PBP number, and you will be given the Pass free of charge.

See you soon!